

## New Spin Pasta Salad

### Ingredients\*

8 oz pasta of your choice: whole wheat/chickpea or orzo

1-2 shallots, sliced thin

3 large cloves garlic, minced

4 Tablespoon olive oil

¼ cup red wine vinegar

¼ teaspoon kosher salt

1 teaspoon black pepper

4 cups arugula (or spinach, mixed greens)

2 cups cheery or grape tomatoes, cut small

Small can of sliced olives

Grated fresh Parmesan Reggiano cheese



### Instructions

1. Cook pasta al dente and let cool
2. Combine olive oil, vinegar and spices
3. Place cooled pasta into large serving bowl add in veggies and dress with dressing and fresh Parmesan Reggiano cheese

### Nutrition Information

Serving: 1/2 cup

Will vary based on pasta selection

210 calories, 10 g fat, 23 g carb, 2 g fiber, 4 g protein, 200 mg sodium



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