

Chicken and Avocado Pinwheels

Presented by: Chef Sunny

Prep Time - 5 minutes

Cook Time – 10 minutes

Servings – 20 pinwheels, 5

Ingredients

- 1 cup cooked chicken breast diced or shredded
- 1 avocado. pitted and diced
- 1/4 cup shredded cheese or choice
- 1/4 cup diced tomato
- 2 tablespoons onion minced (optional)
- 2 tablespoons cilantro minced
- 2 tablespoons Greek yogurt
- 1 tablespoon lime juice salt and pepper to taste
- 2 - 10 " flour tortillas or 3 medium tortillas

Instructions

1. In a large bowl, add the cooked chicken, avocado, cheese, tomato, onion, cilantro, sour-cream and lime juice. Season with salt and pepper and stir with a spoon until everything is fully combined and the avocado is chunky and mashed.
2. Spread the mixture on equally on each of the floured tortillas and roll them up tightly. Cut in slices and place on plate. Serve right away or refrigerate until ready to serve. Enjoy this tasty treat hot or cold!