

Greek Strata

Ingredients:

- 2 Gluten-Free English Muffins
- 3 Eggs
- 1/3 cup of feta cheese
- 1/4 cup of 2% milk
- 1/4 cup of diced greek olives
- 1 cup packed fresh spinach
- 1 shallot, sliced
- 1 tsp of garlic powder

Instructions:

1. Preheat oven to 400 degrees.
2. Toast English muffins and dice into one in cubes.
3. Spray the bottom of the pan with non-stick cooking spray.
4. Add cubed muffins to pan.
5. Whisk eggs, milk, garlic powder, and feta together then drizzle over the bread.
6. Sprinkle olives and top with sliced shallots.
7. Place in the oven on 400 for 30 minutes.



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