



Cancer risk among African Americans

African Americans have the highest death rate

of any racial/ethnic group in the US for most cancers.
Black men have the highest cancer incident rate.

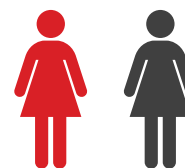
1 in 5 African Americans
will die from cancer

1 in 3 black men and women will be diagnosed
with cancer in their lifetime



Among males, incidence and death rates are higher among
non-Hispanic blacks than non-Hispanic whites for all
cancers combined (9% and 22%).

Non-Hispanic black women have 7% lower risk of
cancer diagnosis than non-Hispanic white women
but 13% higher risk of cancer death.



Most Common Cancers
Among Black Men

Prostate • Lung • Colorectal



Most Common Cancers
Among Black Women

Breast • Lung • Colorectal

Resources and Screenings

Cancer Screenings Save Lives

42% of newly diagnosed cancers are avoidable, including 19% caused by smoking, 18% caused by combination of excessive body weight, physical inactivity, excessive alcohol consumption and poor nutrition.



Prostate Cancer

Recommends African American men talk to your doctor about the pros and cons of prostate cancer screening starting at age 45.



Lung Cancer

Recommends people who are/were smokers and are between ages 55 and 74 get yearly lung cancer screenings.



Breast Cancer

Recommends women age 45+ have the option to start screening with a yearly mammogram. Women 55+ can switch to a mammogram every other year, or they can choose to continue yearly mammograms.



Colorectal Cancer

Recommends African-Americans should begin colorectal cancer screening at age 45.

Resources

Phone Number
614-884-HOPE (4673)



Mylifeline.org
www.CSCCO.Mylifeline.org

Free Support and Education Programs

Support groups, stress management, exercise and movement, healthy cooking and nutrition, educational workshops

To Get Started

Go to www.cancersupportohio.org or scan the QR code

