Carrot Cake Smoothie Bowl

**Ingredients**
1 cup chopped greens (spinach, kale, romaine)
1 cup unsweetened coconut milk (or nut milk of your choice)
2 cups chopped raw carrots
1 cup chopped pineapple
1 banana
2 clementines, peeled
1/2 teaspoon vanilla extract
pinch of ground cinnamon and nutmeg

**Instructions**
1. Blend greens and nut milk until fully combined
2. Add remaining ingredients and blend until smooth
3. Optional Toppings of pistachios and toasted coconut

**Nutrition Information**
217 calories, 3 g fat, 49 g carb, 9 g fiber, 3.8 g protein, 125 mg sodium (without toppings)

Adapted from Pinch of Yum